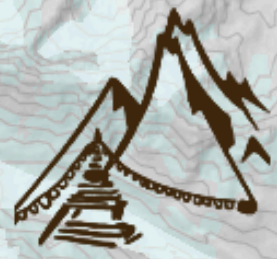
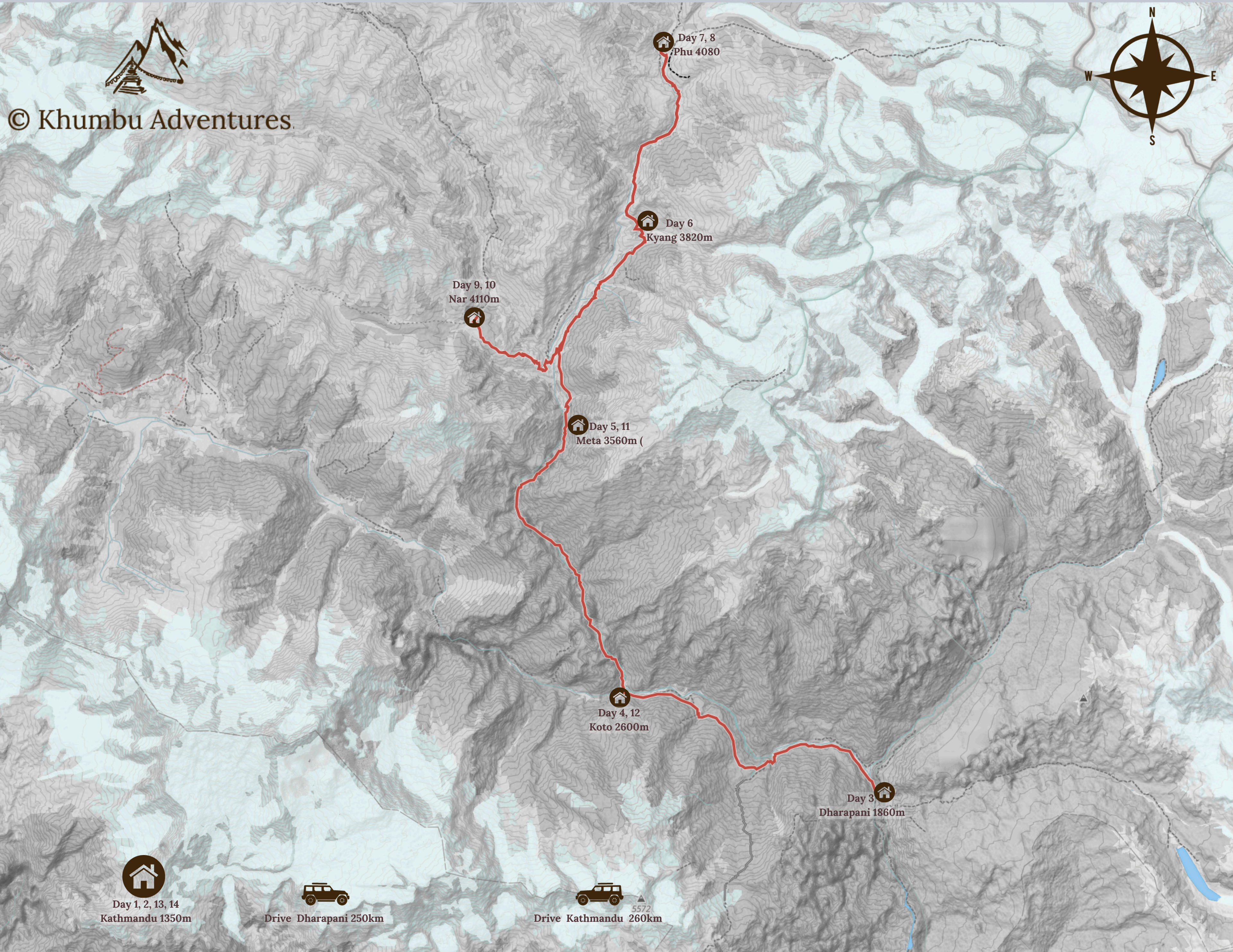


# Khumbu adventures (Nar Phu Trek Map)



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Day 7, 8  
Phu 4080

Day 6  
Kyang 3820m

Day 9, 10  
Nar 4110m

Day 5, 11  
Meta 3560m (

Day 4, 12  
Koto 2600m

Day 3  
Dharapani 1860m

Day 1, 2, 13, 14  
Kathmandu 1350m

Drive Dharapani 250km

Drive Kathmandu 260km

5572